

Your anytime, anywhere healthcare benefit

Start using your
Teladoc Health
benefits.



24/7 Care

Need care for non-urgent and common conditions? Get same-day appointments with a certified provider from wherever you are. Teladoc Health providers diagnose, treat and even prescribe medicine if needed.

- Allergies
- Rashes
- Bronchitis
- Sinus infections
- Flu
- Sore throats
- COVID-19
- And more
- Pink eye

free/visit

Dermatology

Dealing with a skin issue? Start an online skin review with a dermatologist by uploading images and details of your concern. Get a treatment plan and prescription if needed in 24 hours or less.

- Acne
- Eczema
- Psoriasis
- Skin infections
- Rashes
- Rosacea

free/online review

Mental Health

Find support that works best for you. You can connect with a therapist 7 days a week and get a personalized plan and online content designed for you.

- Anxiety and depression
- Sleep issues
- Relationship conflicts
- Trauma and PTSD
- Medication management

Therapy free/visit
Psychiatry free/first visit
Psychiatry free/ongoing visits

Set up your account or log in to schedule a visit

Visit TeladocHealth.com
Call 1-800-835-2362